

# SAFEGUARDING POLICY AND PROCEDURE for THE FOREST FOODBANK



## 1. POLICY CONTROL

Version	Description	Date
1	Safeguarding Policy & Procedure	07/02/2025
Board Approved		07/02/2025
For Review:		07/02/2026 - Trustees reviewing September 2026

### 1.1 Related policies

Version	Description	Date for review
	Data Privacy Policy - Assemble Document HUB	Feb 2026
	Health and Safety Policy Assemble Document	Feb 2026
	Whistle blowing policy see Appendix 4 of Safeguarding Policy	07/09/2025
	DC Risk Assessments - Assemble Document HUB	Various - annually
	Problem Solving - Assemble Document HUB	August 2026

## 2. INTRODUCTION

Safeguarding means protecting people's right to live safely, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, while at the same time making sure that the adult's or child's wellbeing is promoted including, where appropriate, having regard to their views, wishes, feelings and beliefs in deciding on any action.

## 3. POLICY EQUALITIES STATEMENT

The Forest Foodbank is committed to practices that protect from harm regardless of a person's age, gender, disability, racial heritage, religious belief, sexual orientation or any other characteristic as covered by the Equality Act 2010.

## 4. AIMS

This policy, taken together with Gloucestershire County Council's Multi-Agency Safeguarding Policies, represents commitment in working together to safeguard children and adults from abuse, neglect and exploitation. It clarifies the roles and responsibilities of employees, trustees and volunteers in relation to developing their own awareness and skills as well as the policies and procedures that must be followed.

The policy outlines:

- The practice and procedure for representatives within The Forest Foodbank to contribute to the prevention of the abuse and neglect, and
- A clear framework for action including information sharing when abuse is suspected.

## 5. SCOPE AND DEFINITIONS

### Whose business is safeguarding?

Legislation establishes that **safeguarding is everybody's business**. This organisation recognises that we all play a key role in preventing, detecting, reporting and responding to abuse, neglect or exploitation.

#### 5.1 Scope

The policy applies to activities delivered by The Forest Foodbank. Where this Foodbank delivers any activities in partnership with another body this policy applies - unless a formal agreement exists that specifically details safeguarding arrangements and the roles and responsibilities of the parties to the agreement. Where a formal partnership exists, the trustees will review the partner's safeguarding policy and procedures at least annually and will ensure procedures meet the standards set out in this policy. The policy applies in respect of this organisation's responsibility towards the following groups of people:

- Children and young people - legally defined as any person under the age of 18. From this point the terms child or children will be used to refer to this group.
- An 'adult at risk of abuse or neglect with care and support needs' however for the purpose of this policy we will use the term vulnerable adult to refer to this group.
- Employees, trustees and volunteers who come into contact with children or vulnerable adults during the course of their work or volunteering responsibilities.
- Contractors when carrying out work on behalf of the organisation.

#### 5.2 Definitions

Child Protection is defined as:

- Protecting individual children identified as either suffering, or likely to suffer, significant harm as a result of abuse or neglect or other identified risk factors such as parental Domestic Violence, substance misuse.

Safeguarding and promoting the welfare of children and young people is defined as:

- Protecting children from maltreatment
- Preventing impairment of children's health or development
- Ensuring that children are growing up and living in circumstances consistent with the provision of safe and effective care
- Through the provision of safe and effective care, enable children to have optimum life chances

Adult Safeguarding is defined as:

- Protecting an adult's right to live in safety, free from abuse and neglect aiming to ensure that each adult is supported to maintain:
  - Wellbeing
  - Choice and control
  - Safety
  - Good health
  - Dignity and respect

## 6. LEGAL FRAMEWORK

The Forest Foodbank will work within the framework of legislation and guidance in relation to safeguarding and protection of children and vulnerable adults. An index of key legislation is contained in Appendix 3.

### 6.1 All staff and volunteers will consider the following when raising a concern:

- Safeguarding is mainly aimed at individuals with care and support needs whose circumstances may put them at risk of abuse or neglect by others - due consideration must also be given to people who need to use a food bank given the inherent vulnerability resulting from a person's immediate circumstances.
- Abuse is defined as a violation of an individual's human and civil rights; it may consist of a single act or repeated acts
- The nature and extent of the abuse including whether it is a criminal offence
- The impact of the abuse on the person and the physical and /or psychological harm being caused and whether the abuse is having an impact on other people
- Deprivation of liberties where people living in care homes, hospitals or other institutions are looked after in a way that does not inappropriately restrict their freedom

## 7. RECOGNITION: TYPES OF ABUSE

Eleven types of abuse are currently identified through legislation and UK guidance frameworks:

- **Physical abuse** – Involves any manner of causing physical harm to a child or vulnerable adult or fabricating symptoms of, or inducing illness in, a child or vulnerable adult, including assault, hitting, slapping, pushing, misuse of medication, restraint or inappropriate physical sanctions, administering or allowing access to drugs or alcohol.
- **Domestic abuse** – including psychological, physical, sexual, financial, emotional abuse, so called 'honour' based violence.
- **Sexual abuse** – Sexual abuse involves forcing or enticing any child or vulnerable adult of whatever age to take part in any form of sexual activity, whether or not s/he is aware of what is happening; or behaving, or inducing a child/ vulnerable adult to behave, in sexually inappropriate ways - including rape, indecent exposure, sexual harassment, inappropriate looking and touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault or sexual acts to which the adult has not consented or was pressured into consenting. This includes inappropriate sexual relationships with people in positions of power or influence. *The victim may have been sexually exploited even if the sexual activity appears consensual. Sexual exploitation does not always involve physical contact; it can also occur through the use of technology.*
- **Psychological abuse** – the persistent emotional ill treatment of a child or vulnerable adult such as to cause severe and enduring effects on a child's emotional development including threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, cyber bullying, isolation or unreasonable and unjustified withdrawal of services or supportive networks. It is important to note that within faith communities a further aspect of psychological abuse is Spiritual abuse. This is where the abuse does damage to a

vulnerable adult's or child's emerging faith and spirituality. The fact that the damage includes damage to the spiritual self is what makes it spiritual abuse and usually occurs within the context of wider abuse.

- **Financial or material abuse** – including theft, fraud, internet scamming, coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, possessions or benefits.
- **Modern slavery** – encompasses slavery, human trafficking, and forced labour and domestic servitude, where traffickers and slavers coerce, deceive and force individuals into a life of abuse, servitudes and inhumane treatment
- **Discriminatory abuse** - including forms of harassment, slurs, exclusion, or similar treatment. This includes discrimination on the grounds of a person's protected characteristics including; race, age, disability, gender, sexual orientation, political views, faith or religion (including where someone is discriminated against because they have no religion), as well as racist, sexist, homophobic or ageist comments.
- **Organisational abuse** - Including neglect and poor care practice within an institution or special care setting such as faith communities, a hospital or care home, or where care is provided within their own home. This may also occur in our own organisation.
- **Neglect and acts of omission** Neglect involves the persistent failure to meet a child's or vulnerable adults basic physical and/or psychological needs, likely to result in the serious impairment of the person's health and development – these include ignoring medical, emotional or physical care needs, failure to provide access to appropriate health, social care or educational services, and the withholding of the necessities of life such as medication, adequate nutrition and heating, access to family and friends.
- **Self-neglect** - Self-neglect covers a wide range of behaviour, neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding.
- **Hate crime** – a hate crime is any criminal offence that is motivated by hostility or prejudice based upon the victim's disability, race, religion or belief, sexual orientation, or transgender identity.

Further information on recognising the signs and symptoms of abuse can be found in Appendix 5.

**Note – Abuse can be carried out by children.** The Forest Foodbank recognises that if a child or children is or are causing harm to an adult with care and support needs, this should be dealt with under the Local Authority adult safeguarding policy and procedures but will also need to involve the Local Authority Children's Services.

## 8. REPORT: INFORMATION SHARING AND CONSENT

Sharing the right information, at the right time, with the right people, is fundamental to good practice in safeguarding.

The Forest Foodbank will share safeguarding information with the right people at the right time to:

- Prevent death or serious harm
- Coordinate effective and efficient responses
- Enable early interventions to prevent the escalation of risk
- Maintain and improve good practice in safeguarding
- Reveal patterns of abuse that were previously undetected and that could identify others at risk of abuse
- Identify low-level concerns that may reveal children or vulnerable adults at risk of abuse
- Help families, children and vulnerable adults access the right kind of support to reduce risk and promote wellbeing
- Help identify people who may pose a risk to others and, where possible, work to reduce offending behaviour
- Reduce organisational risk and protect reputation

All information and concerns should be raised with the Safeguarding Officer, their deputy. If they are not available **and** the matter is urgent advice can be sought from Trussell Trust advice line on 01722 580171. The Lead Safeguarding Trustee (or deputy) can also be contacted. They will then make the decision as to whether to share information with another agency including 31:8, social care or the police. A list of useful organisations can be found with this policy or on your notice board.

In the case of an emergency call 999. For less severe concerns where delay in contacting the Safeguarding Officer or deputy could result in further harm the worker/volunteer should contact the Trussell Trust safeguarding advice line 01722 580171 (Option 2) immediately and inform the Safeguarding Officer as soon as possible afterwards.

### **Gaining Consent? Confidentiality?**

Ideally information should only be shared with other agencies including the police and social care if the consent of the person concerned (or their parents/carer where appropriate) has been obtained. Obtaining informed consent to share information is best practice and is often key to ensuring any further support or action is successfully maintained, based on trust and transparency. There are however exceptions to this.

#### **Exceptions to this include:**

- Where gaining consent would put the child, vulnerable adult, or this organisation's volunteers/workers at further risk of significant harm.
- Where a vulnerable adult is assessed as not having the 'mental capacity' to make this decision, in this case appropriate representatives/advocates should be consulted; however the final decision will be made by The Forest Foodbank Safeguarding Officer.
- Where a crime has taken place and there is an overriding public duty for the Police to investigate.
- Where other adults at risk and/or children may be at risk of harm from the Person/group/agency suspected of causing abuse.

In making the decision whether to share information without consent consideration will therefore be given to the seriousness and pervasiveness of the abuse: the ability of the individual to make decisions; the effect of the abuse on the individual in question and on others; whether a criminal offence has occurred; and whether there is a need for others to know (e.g. to protect others who may not be involved in the immediate situation).

If the decision is made not to share information because consent has been withheld and the exceptions given above do not apply then the person will be advised of any actions they can take or other support they can access. They will also be made aware of the fact that they can change their minds at any point.

**Decisions about sharing information (or not) will be clearly recorded with reasons stated.**

## **9. RECORD: CONFIDENTIALITY AND RECORDING**

Every effort should be made to ensure that confidentiality is maintained for all concerned both when an allegation is made and whilst it is being investigated. Confidentiality can only be broken and a concern shared when it is in the best interest of the child, vulnerable adult or in the public interest to do so – the circumstances for this are outlined in section 8 above.

All records will be written, stored and destroyed\* with due regard for confidentiality and in line with The Forest Foodbank's policy on record keeping and in adherence with the Data Protection legislation. Staff and volunteers will be trained and supported to maintain and store accurate records. **\*All records of any description relating to Safeguarding have to be retained indefinitely.**

## 10. PROCEDURE IF A MEMBER OF STAFF OR VOLUNTEER HAS A SAFEGUARDING CONCERN:

All Staff or volunteers must raise their concerns with the Safeguarding Officer (SO), their deputy or if they are not available **and** the matter is urgent advice can be sought from Trussell Trust Advice line 01722 580171 or the lead safeguarding Trustee (or deputy). If the subject of concern is a member of staff or volunteer see The Forest Foodbank's Whistle Blowing Policy (Appendix 4). The Whistle Blowing Policy should be used when a member staff or volunteer has concerns about the conduct of a colleague in a position of trust within the organisation, which could be detrimental to the safety or wellbeing of adults and children.

### What to do & things to remember

- All allegations/disclosures will be treated seriously - the safety of the vulnerable adult or child is paramount.
- Staff and volunteers should stay calm, listen and reassure the person they are concerned about, that they are being listened to.
- Staff and volunteers should always demonstrate a sensitive approach.
- Staff and volunteers should be aware of the possibility of a police investigation, and are **not to investigate** any allegation themselves.
- Staff and volunteers will explain that they are required to share information with those people who need to know but not with other staff or volunteers. **Absolute confidentiality cannot be promised.**
- If there is immediate danger, or someone requires urgent medical attention, then the police or ambulance should be called immediately, and the Safeguarding Officer informed as soon as possible.

### Reporting Procedure: see Appendix 6

1. Any concerns should be reported immediately to the Safeguarding Officer, their deputy or in their absence **and** the matter is urgent, contact the Trussell Trust help advice line or directly to 31:8 helpline who can advise on appropriate next steps including whether to refer to statutory services. The Safeguarding Lead Trustee or deputy can be contacted directly at any time if necessary or there are issues relating to the SO or deputy.
2. **A Safeguarding Concern Report Form (Appendix 2)** should be completed as quickly as is realistic by the employee/volunteer. In the first instance as first-hand information which is very valuable. Handwritten notes or emails must be considered as confidential and handed or sent securely to the SO. As second best the Concern Form should be completed by the Safeguarding Officer using information relayed by the person reporting the concern. Information recorded on the form must:
  - a. Be accurate
  - b. Wherever possible include the actual words said by the child or vulnerable adult rather than an interpretation of what was said.
  - c. Specific facts relating to the named people dates, places etc. should be recorded accurately along with any details of the injuries or consequences i.e. where they are and what they looked like.
  - d. Information may also need to be reported under the Health and Safety Policy and Procedures.
3. Where necessary the Safeguarding Officer will report the concern to Statutory Children's/Adults Social Care Services, providing a copy of the Safeguarding Concern Form, and where appropriate a chronology of events.

4. If a criminal offence has been committed, The Forest Foodbank's Safeguarding Officer or deputy will call the police and any other linked agencies as necessary.
5. Gloucestershire County Council's Children's or Adults Services may then take the lead on any investigation and inform other agencies, where appropriate.
6. The Safeguarding Officer will provide any further information to statutory Services as required.
7. Completed safeguarding concern forms will also be kept centrally by the Safeguarding Lead, stored in a locked cabinet with restricted access, away from other personal files. Where completed Safeguarding Concern forms are stored electronically, they will be kept on [e.g. encrypted drives/ secure servers] with restricted access in line with this policy and the Data Protection Policy. These must be kept indefinitely.
8. Where incidents that have resulted in (or risk) significant harm to beneficiaries, the SO will notify the Board of Trustees who may be required to be report the incident to the charities regulator as a Serious Incident Report (cf. Section 11).
9. The SO must inform the Lead Trustee for Safeguarding when an Incident has arisen but does not need to disclose specific details unless relevant to trustee responsibilities or governance. See below.

## 11. MONITORING: TRUSTEE ROLES AND RESPONSIBILITIES

Information about safeguarding cases and how they were managed must be reported, where possible, at the time or within a reasonable timescale to the Lead Safeguarding Trustee or deputy and regularly to the Board of Trustees. Areas to focus on include:

- How quickly the concern was reported to the Safeguarding Lead
- Whether a concern was reported to statutory agencies
- How quickly a concern was made to the police/Children's/Adults Services (where relevant)
- Accuracy of information recorded
- The quality of the input into the safeguarding process (feedback from police/Children's/Adults Services)
- Outcomes of safeguarding process
- Whether any incidents highlighted training issues or a need to amend in-house procedures
- Whether the incident should be notified to the charity regulator under Serious Incident Reporting procedures

Reports to trustees should focus on the issues and the organisation's response to an incident not the specific details of an individual case. Reports made to the trustees should be captured in a Safeguarding Incident Register. This is to enable the organisation to reflect on and improve its practice in developing an effective safeguarding culture.

The policy and procedure will be reviewed yearly and audited regularly or if legislation changes.

## 12. GOOD PRACTICE

### 12.1 Recruitment of staff and volunteers

1. All staff and volunteers responsible for supervising vulnerable adults or children will undergo an enhanced criminal records check if their role falls within the eligibility guidelines (cf. Appendix 1 for links to guidance on eligibility). However, our Insurance requires that no volunteer or staff is allowed to work alone with a person under 18 years nor with a vulnerable adult.
2. All references will be taken up before start of volunteering or employment and should be provided in writing or transcribed where received verbally. The Forest Foodbank will make

- all reasonable efforts to ensure that references are bona-fide and will seek alternatives where in doubt.
3. All staff and volunteers have a duty to disclose any unspent convictions. Failing to do so may be regarded as gross misconduct or a breach of the volunteering agreement.
  4. Staff and volunteers without a criminal records check will not be permitted unsupervised access to vulnerable adults or children and should work within defined and agreed parameters.
  5. **Criminal records check will be renewed every three years.**

## 12.2 Training

1. All staff and trustees will familiarise themselves with all The Forest Foodbank's policies and procedures, including safeguarding, during induction. Volunteers with client contact will be expected to read the safeguarding policy and sign that they have done so. All volunteers should complete an induction which includes the basics of safeguarding.
2. All staff, trustees and volunteers will complete basic Safeguarding training and other relevant training depending on their role as required.

All Trustees, volunteers and staff will be made aware of:

- The possibilities of abuse and neglect of children and vulnerable adults
- Local procedures and know the names and contact details of relevant local and national professionals and organisations (see Appendix 1).

In addition, all staff and the majority of volunteers, including trustees will be required to undertake refresher safeguarding training at least biennially (every two years).

## 13. MANAGEMENT AND SUPERVISION

Unless expressly delegated to the Safeguarding Officer, trustees are responsible for clarifying with staff and volunteers their roles and responsibilities regarding the safeguarding of children and vulnerable adults. Supervision of staff and volunteers will monitor working practices and offer the opportunity to raise any concerns.

## 14. ROLES AND RESPONSIBILITIES

NAME	ROLE/RESPONSIBILITIES	TELEPHONE
Operations Leader: Fiona Fairclough	Safeguarding Officer	07775265263
Angela Lewis	Safeguarding Deputy	07887 706357
John Lewis	Lead Safeguarding Trustee	07919 253094
John Lewis	Chair of Trustees	07919 253094



# Appendix 1

## KEY CONTACTS

If someone is injured or in imminent danger, call 999.....otherwise use The Forest Foodbank flow diagram **Safeguarding: A Guide to Procedure** for reporting a safeguarding concern: Appendix 6 or see your notice board.

- **Safeguarding Officer** – Fiona Fairclough, 07775265263
- **Deputy Safeguarding Officer** – Angela Lewis, 07887 706357
- **Lead Safeguarding Trustee** -- John Lewis, 07919 253094
- **Safeguarding Advice line (Trussell Trust) via 01722 580171 (option 2)** which is answered by 31:8
- **31:8 Advice line is – 0303 003 11 11**
- Gloucestershire County Council Vulnerable Adult Help Desk/Advice line 01452 426868
- For Children and Families Help Desk: Gloucestershire Country Council Children Protection URGENT (MASH) 01452 426565 opt 3
- Gloucestershire County Council Child protection NON URGENT (MARF) 01452426263 Community Social Work team or use website <https://www.gloucestershire.gov.uk/gscp/contact-us/>
- Social Care Local Area Offices Forest of Dean 01594 820500
- Social Work out of hours team (EDT) 01452 614194
- CAMS(under 18years mental health) 01452 894300 (9-5)
- Gloucestershire County Council LADO: to report an allegation about a professional 01452 426994/426320 Nigel Hatton lead and Jenny Kadodia coordinator
- Police Child protection Unit 01242 261112

### Other National or local Advice Providers

- The Action Elder Abuse Confidential Free phone help Line - 0808 808 8141 - 9am-5pm
- NSPCC Child Protection Helpline - 0808 800 5000
- ChildLine - 0800 1111
- NSPCC 24/7 Helpline - 0808 800 500 or [help@nspcc.org](mailto:help@nspcc.org)
- Gloucestershire Rape and Sexual Abuse centre 01452 526770
- Gloucestershire Domestic Abuse Support Service 0845 602 9035
- Gloucestershire Community Liaison PAL (patient advice and liaison service) 0800 015 1548
- Gloucestershire Fire and Rescue Community Safety Service 01452 888777

- Mental Health issues contact your GP first or (attend A&E). Crisis Team Gloucester and the Forest of Dean for 11 and over 0800 169 0398 are best used via a GP referral
- MIND      [mind.org.uk](http://mind.org.uk)

**If you think a crime has taken place: Non urgent**

- Coleford Police station non-emergency- 01452 753803
- Gloucestershire Police Constabulary –non emergency 101

**Care Quality Commission**

Helpline Tel: 03000 616161

**The Regulation and Quality Improvement Authority**

Helpline Tel: 028 9536 1990

**Care Inspectorate Wales**

Helpline Tel: 0300 7900 126

**England and Wales - Disclosure and Barring Service**

PO Box 181, Darlington, DL1 9FA

03000 200 190

[customerservices@db.s.gov.uk](mailto:customerservices@db.s.gov.uk)

<https://www.gov.uk/find-out-dbs-check>

## Appendix 2

### SAFEGUARDING CONCERN ALERT FORM (Confidential when complete)

For Office Use	
Date and Time of Incident	DD/MM/YYYY 00:00
Name of Person Completing this form	Your name.
Passed to Safeguarding Officer (SO)	Name of SO
Method of communication	Choose an item.
Received by SO	DD/MM/YYYY 00:00
About the incident, safeguarding concern or identified Risks	
<p>Individual(s) identified at risk (<i>select all that apply</i>):</p> <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Person using the Food Bank  <input type="checkbox"/> Food bank Volunteer  <input type="checkbox"/> Staff/ employee  <input type="checkbox"/> Children/Young person         </div> <div> <input type="checkbox"/> Partner/spouse  <input type="checkbox"/> Cohabiting individual  <input type="checkbox"/> Friend/ neighbour  <input type="checkbox"/> Other         </div> </div> <p style="text-align: right;">If "other" please specify.</p>	
<p>About the person(s) at risk</p> <p>Name: Forename &amp; Surname          Address: Click or tap here to enter text.</p> <p>Date of birth: Click or tap to enter a date.          Gender: Click to enter text.</p>	
<p>Is the alleged perpetrator known to the person at risk:</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	
<p>What is their relationship to the person at risk:</p> <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Carer  <input type="checkbox"/> Family member  <input type="checkbox"/> Neighbour  <input type="checkbox"/> Another vulnerable person         </div> <div> <input type="checkbox"/> Professional  <input type="checkbox"/> Friend  <input type="checkbox"/> Self  <input type="checkbox"/> Other         </div> </div> <p style="text-align: right;">If "other" please specify.</p>	

<p>Please provide a brief description of the allegation/concerns: Use this space to clarify basic information. Record factual details about what was said. Include:</p> <ul style="list-style-type: none"> <li>• Date, time, location of incidents</li> <li>• People involved</li> <li>• What was observed</li> <li>• What was heard</li> <li>• What was disclosed/said to you –using their own words</li> </ul>												
<p>Please provide a brief outline of actions taken/ support offered: Outline what action was taken at the time of the incident. If there is evidence what has been done to preserve this etc.</p>												
<p>Have you discussed your concerns with the person at risk (or legal guardian in the case of a child), where doing so does not increase the risk of harm and informed them of any actions you proposed to take:</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No</p> <p>Has the person at risk given their consent to sharing the information with appropriate external agencies and/or statutory services:</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No</p>												
<p><b>For the Safeguarding Officer to complete</b></p>												
<p>Type of risk/ abuse identified or suspected (<i>select all that apply</i>):</p> <table border="0"> <tbody> <tr> <td><input type="checkbox"/>Self-neglect</td> <td><input type="checkbox"/>Emotional/ psychological Abuse</td> </tr> <tr> <td><input type="checkbox"/>Exploitation (including financial)</td> <td><input type="checkbox"/>Discrimination</td> </tr> <tr> <td><input type="checkbox"/>Domestic Violence</td> <td><input type="checkbox"/>Neglect</td> </tr> <tr> <td><input type="checkbox"/>Modern Slavery</td> <td><input type="checkbox"/>Coercive controlling behaviour</td> </tr> <tr> <td><input type="checkbox"/>Sexual Abuse</td> <td><input type="checkbox"/>Grooming</td> </tr> <tr> <td><input type="checkbox"/>Physical Abuse</td> <td></td> </tr> </tbody> </table>	<input type="checkbox"/> Self-neglect	<input type="checkbox"/> Emotional/ psychological Abuse	<input type="checkbox"/> Exploitation (including financial)	<input type="checkbox"/> Discrimination	<input type="checkbox"/> Domestic Violence	<input type="checkbox"/> Neglect	<input type="checkbox"/> Modern Slavery	<input type="checkbox"/> Coercive controlling behaviour	<input type="checkbox"/> Sexual Abuse	<input type="checkbox"/> Grooming	<input type="checkbox"/> Physical Abuse	
<input type="checkbox"/> Self-neglect	<input type="checkbox"/> Emotional/ psychological Abuse											
<input type="checkbox"/> Exploitation (including financial)	<input type="checkbox"/> Discrimination											
<input type="checkbox"/> Domestic Violence	<input type="checkbox"/> Neglect											
<input type="checkbox"/> Modern Slavery	<input type="checkbox"/> Coercive controlling behaviour											
<input type="checkbox"/> Sexual Abuse	<input type="checkbox"/> Grooming											
<input type="checkbox"/> Physical Abuse												
<p>Additional actions/ measures:</p> <ul style="list-style-type: none"> <li>• List measures as bullets</li> </ul>												
<p>Is a further Risk Assessment needed for the FFB to managed identified risks/ concerns:</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No</p>												
<p>Has the incident/ concern been reported to statutory social care services:</p> <p><input type="checkbox"/>Yes <input type="checkbox"/>No</p>												

Concerns shared with external agencies  <b>N.B. If you have concerns for a person's immediate safety then contact the emergency services.</b>	<input type="checkbox"/> Police <input type="checkbox"/> Social Care <input type="checkbox"/> Original referral agency <input type="checkbox"/> 31:8 <input type="checkbox"/> Trussell Trust Area Manager <input type="checkbox"/> Other  If other please specify .
Safeguarding Incident Register updated for the charity Trustees/ Management Group:  <input type="checkbox"/> Yes <input type="checkbox"/> No	

Please collect all hand written notes or emails to be kept in a secure location with the above form even if no statutory action has been taken or referral to other agencies. This helps build a picture over time should other concerns arise.

# Appendix 3 (i)

## Key legislation in England

### 6.1 Legal Framework Children and Young People:

- Children Acts 1989 and 2004
- Children and Young Persons Act 2008
- Safeguarding Vulnerable Groups Act 2006
- Protection of Freedoms Act 2012
- Children and Families Act 2014
- Education Act 2002 and 2011
- Female Genital Mutilation Act 2003
- Children and Adoption Act 2008
- Apprenticeships, Skills, Children and Learning Act 2009
- The Children and Social Work Act 2017
- Working together to safeguard children 2006, 2015 and 2018

### 6.2 Legal Framework Vulnerable Adults

- Care Act 2014
- Mental Capacity Act (including DoLS) 2005
- Human Rights Act of 1998
- Care and Support Statutory Guidance 2014 – identified the following 6 principles that underpin all adult safeguarding work:
  - **Empowerment** – People being supported and encouraged to make their own decisions with informed consent
  - **Prevention** – It is better to take action before harm occurs
  - **Proportion** – The least intrusive response appropriate to the risk presented
  - **Protection** – Support and representation for those in greatest need
  - **Partnership** – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
  - **Accountability** – Accountability and transparency in delivering safeguarding

# Appendix 3 (ii)

## Key legislation in Wales

### 6.1 Legal Framework Children and Young People:

- Children Acts 1989 and 2004
- Social Services and Well-being (Wales) Act 2014.
- Well-being of Future Generations (Wales) Act 2015
- Safeguarding Vulnerable Groups Act 2006
- Children and Families (Wales) Measure 2010
- Rights of Children and Young Persons (Wales) Measure 2011
- Education (Wales) Act 2014
- Regulation and Inspection of Social Care (Wales) Act 2016
- Working together to safeguard people (Vol 1-2,5)
- Protection of Freedoms Act 2012
- Female Genital Mutilation Act 2003
- Adoption and Children Act 2002
- Apprenticeships, Skills, Children and Learning Act 2009

### 6.2 Legal Framework Vulnerable Adults

- Social Services and Well-being (Wales) Act 2014
- Mental Capacity Act (including DoLS) 2005
- Human Rights Act of 1998
- The following six general principles underpin all adult safeguarding work:
  - **Empowerment** – People being supported and encouraged to make their own decisions with informed consent
  - **Prevention** – It is better to take action before harm occurs
  - **Proportion** – The least intrusive response appropriate to the risk presented
  - **Protection** – Support and representation for those in greatest need
  - **Partnership** – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
  - **Accountability** – Accountability and transparency in delivering safeguarding

# Appendix 4

## WHISTLE BLOWING

### Safeguarding & whistle blowing

This covers concerns that staff have about the conduct of individuals in a position of trust within the organisation, which could be detrimental to the safety or wellbeing of adults and children and where staff, for whatever reason, feel unable to raise them under the organisation's standard complaints procedures. This procedure is also available to the organisation's volunteers (including food bank volunteers) should they feel unable to raise a safeguarding concern using the channels outlined in this policy. It relates to raising concerns about:

- Unprofessional behaviour
- Bullying by staff
- Any form of abuse (physical, sexual, emotional or neglect)
- Name calling
- Personal contact with adults, children and young people which is contrary to the organisation's policies and codes of conduct
- Any form of racial abuse
- Inappropriate sexualised behaviour
- Knowledge about an individual's personal circumstances which may indicate they could be a risk to adults and/or children
- Persistent and enduring rumours including un-investigated historical rumours.

Where a person raising concerns is unable to raise the matter with the Safeguarding Officer, their deputy or, or the Lead Safeguarding lead then they can contact the chair of trustees who is responsible for the oversight of the Governance of the Charity. If the person raising the concern feels the Chair of Trustees has not appropriate addressed the concerns raised, then they can seek further recourse via the following means:

If it is felt there exists a significant risk of harm being caused to another person, then the person can raise their concerns directly with Gloucestershire County Council's social services

As a member of the Trussell Trust Foodbank Network a person can also make a complaint about the food bank's handling of the concern via the Trussell Trust's complaints procedure, details of which can be accessed from the Trussell Trust website <https://www.trusselltrust.org/about/contact-us/> or telephone 01722 580180 or 31:8 on 0303 003 1111



# Appendix 5

## Signs and symptoms of abuse (Children)

The following signs could be indicators that abuse has taken place but should be considered in context of the child's whole life.

### Physical

- Injuries not consistent with the explanation given for them
- Injuries that occur in places not normally exposed to falls, rough games, etc
- Injuries that have not received medical attention
- Reluctance to change for, or participate in, games or swimming
- Repeated urinary infections or unexplained tummy pains
- Bruises on babies, bites, burns, fractures etc. which do not have an accidental explanation\*
- Cuts/scratches/substance abuse\*

### Sexual

- Any allegations made concerning sexual abuse
- Excessive preoccupation with sexual matters and detailed knowledge of adult sexual behaviour
- Age-inappropriate sexual activity through words, play or drawing  
Child who is sexually provocative or seductive with adults
- Inappropriate bed-sharing arrangements at home
- Severe sleep disturbances with fears, phobias, vivid dreams or nightmares, sometimes with overt or veiled sexual connotations
- Eating disorders - anorexia, bulimia\*

### Emotional

- Changes or regression in mood or behaviour, particularly where a child withdraws or becomes clinging.
- Depression, aggression, extreme anxiety.
- Nervousness, frozen watchfulness
- Obsessions or phobias
- Sudden under-achievement or lack of concentration
- Inappropriate relationships with peers and/or adults
- Attention-seeking behaviour
- Persistent tiredness
- Running away/stealing/lying

### Neglect

- Under nourishment, failure to grow, constant hunger, stealing or gorging food, Untreated illnesses, inadequate care, etc

\*These indicate the possibility that a child or young person is self-harming. Approximately 20,000 are treated in accident and emergency departments in the UK each year.

PTO..for Adults

## Signs and symptoms of abuse (Adults)

The following signs could be indicators that abuse has taken place but should be considered in context of the person's whole life.

### Physical abuse

- History of unexplained falls, fractures, bruises, burns, minor injuries
- Signs of under or overuse of medication and/or medical problems left unattended
- Any injuries not consistent with the explanation given for them
- Bruising and discolouration - particularly if there is a lot of bruising of different ages and in places not normally exposed to falls, rough games etc
- Recurring injuries without plausible explanation
- Loss of hair, loss of weight and change of appetite
- Person flinches at physical contact &/or keeps fully covered, even in hot weather
- Person appears frightened or subdued in the presence of a particular person or people

### Domestic violence

- Unexplained injuries or 'excuses' for marks or scars
- Coercive, controlling and/or threatening relationship including psychological, physical, sexual, financial, emotional abuse; so-called 'honour' based violence and Female Genital Mutilation

### Sexual abuse

- Pregnancy in a woman who lacks mental capacity or is unable to consent to sexual intercourse
- Unexplained change in behaviour or sexually explicit behaviour
- Torn, stained or bloody underwear and/or unusual difficulty in walking or sitting
- Infections or sexually transmitted diseases
- Full or partial disclosures or hints of sexual abuse (that may be accompanied by some of the following additional symptoms):
  - Self-harming
  - Emotional distress
  - Mood changes
  - Disturbed sleep patterns
  - Psychological abuse
  - Alteration in psychological state e.g. withdrawn, agitated, anxious, tearful
  - Intimidated or subdued in the presence of a particular person
  - Fearful, flinching or frightened of making choices or expressing wishes
  - Unexplained paranoia
  - Changes in mood, attitude and behaviour, excessive fear or anxiety
  - Changes in sleep pattern or persistent tiredness
  - Loss of appetite
  - Helplessness or passivity
  - Confusion or disorientation
  - Implausible stories and attention seeking behaviour
  - Low self-esteem

### Financial or material abuse

- Disparity between assets and living conditions
- Unexplained withdrawals from accounts or disappearance of financial documents or loss of money

- Sudden inability to pay bills, getting into debt
- Carers or professionals fail to account for expenses incurred on a person's behalf
- Recent changes of deeds or title to property
- Missing personal belongings
- Inappropriate granting and / or use of Power of Attorney

### Modern slavery

- Physical appearance; unkempt, inappropriate clothing, malnourished
- Movement monitored, rarely alone, travel early or late at night to facilitate working hours.
- Few personal possessions or ID documents.
- Fear of seeking help or trusting people.

### Discriminatory abuse

- Inappropriate remarks, comments or lack of respect
- Poor quality or avoidance care
- Low self-esteem
- Withdrawn
- Anger
- Person puts themselves down in terms of their gender identity or sexuality

### Institutional Abuse

- Low self-esteem
- Withdrawn
- Anger
- Person puts themselves down in terms of their gender identity or sexuality
- No confidence in complaints procedures for staff or service users.
- Neglectful or poor professional practice.

### Neglect and acts of omission

- Deteriorating despite apparent care
- Poor home conditions, clothing or care and support.
- Lack of medication or medical intervention

### Self-neglect

- Hoarding inside or outside a property
- Neglecting personal hygiene or medical needs
- Person looking unkempt or dirty and has poor personal hygiene
- Person is malnourished, has sudden or continuous weight loss and is dehydrated – constant hunger, stealing or gorging on food
- Person is dressed inappropriately for the weather conditions
- Dirt, urine or faecal smells in a person's environment
- Home environment does not meet basic needs (for example not heating or lighting)
- Depression