

## CHRISTMAS CLOSURE – FOREST OF DEAN

Our office will be closed from 1.00 pm on Tuesday 22<sup>nd</sup> December 2020 until Monday 4<sup>th</sup> January 2021

Self-help is available online via [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

### Useful numbers in case of emergency:

Age UK Gloucestershire 01452 422660

Gloucestershire Domestic Abuse Support Service 01452 726750

Gloucester Nightstop 01452 331330

Provides bed for the night for homeless young people aged 16-25

Macmillan Cancer Support 0808 808 00 00

General support and advice + can provide benefits advice over the phone

MIND 0300 123 3393 or text 86463

**Victim Support** 0808 281 0112 (Gloucestershire)

Help for mental health problems

Helps survivors of crime or traumatic events

**Salvation Army Forest of Dean** 01594 839106

Can provide hot meals, clothes, and other items for those urgently in need

**Samaritans** 116 123 (free phone)

Emotional support for people experiencing feelings of distress, despair, or suicidal thoughts

**SHELTER** 0808 800 4444

Housing and homelessness

**Citizens Advice Help to Claim Telephony service will be open for more days than our local office. We are running in line with DWP opening times - shut on 24<sup>th</sup> (DWP phone lines are open for missing or urgent payments only), 25<sup>th</sup>, 28<sup>th</sup> December 2020 and 1<sup>st</sup> January 2021 - <https://www.gov.uk/contact-jobcentre-plus/christmas-and-new-year-opening>**